

# Midwinter Naturist Festival 2018 Menu

Breakfast 7:30-9:00am. Lunch Noon- 1:30pm. Dinner 5:30- 7:00pm

## Thursday, February 15

**Breakfast:** Waffles with assortment of fruits topping, Tofu scramble, Scrambled eggs, Bacon, Veggie Sausage Organic Vanilla Yoghurt, Fruit and Granola Parfait, Fresh Fruit Salads, Breads, Pastries, Hot and Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk, Apple and Orange Juice

**Lunch:** On the Deck, Fix your own Burgers, Veggie Burgers, Hot Dogs with Lettuce, Tomato, Onion and Condiments, served with assortment of Fresh Salads, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

**Dinner:** Pulled Pork, Chef's Tofu Special, Fresh Steamed and Stir Fried Vegetables, Mashed Sweet Potatoes, Mac&Cheese, Rolls, assortment of Fresh Salads and Soups, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

## Friday, February 16

**Breakfast:** Pancakes with assortment of fruits topping, Tofu scramble, Scrambled eggs, Bacon, Veggie Sausage Organic Vanilla Yoghurt, Fruit and Granola Parfait, Fresh Fruit Salads, Breads, Pastries, Hot and Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk, Apple and Orange Juice

**Lunch:** Make your own Sandwich with Ham, Turkey, Tuna, Tofu, Lettuce, Tomato and Onion Fixings, assortment of Fresh Soups and Salads, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

**Dinner:** Make your own Taco Bar, Chef's Tofu Special, Refried Beans, Spanish Rice, Fresh Steamed and Stir Fried Vegetables, assortment of Fresh Soups and Salads, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

## Saturday, February 17

**Breakfast:** French Toast with assortment of fruits topping, Tofu scramble, Scrambled eggs, Bacon, Veggie Sausage, Organic Vanilla Yoghurt, Fruit and Granola Parfait, Fresh Fruit Salads, Breads, Pastries, Hot and Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk, Apple and Orange Juice

**Lunch:** Meat and Vegetarian Chili, Cheese, Sour Cream, Tomato and Onion Fixings, Corn Bread and assortment of Fresh Salads, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

**Dinner:** Pasta Night, Spaghetti, Baked Ziti, Veggie Parmesan, Meat and Veggie Sauce, Garlic Bread, Fresh Steamed and Stir Fried Vegetables with assortment of Fresh Soups and Salads, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

## Sunday, February 18

**Breakfast:** Build your Burrito, Tofu scramble, Scrambled eggs, Bacon, Veggie Sausage, Cheese, Salsa, Sour Cream, Organic Vanilla Yoghurt, Fruit and Granola Parfait, Fresh Fruit Salads, Breads, Pastries, Hot and Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk, Apple and Orange Juice

**Lunch:** On the Deck, Fix your own Burgers, Veggie Burgers, Hot Dogs with Lettuce, Tomato, Onion and Condiments, assortment of Fresh Salads, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

**Dinner:** Casserole Night, Chef's Special assortment of Meat, Vegetarian and Tofu Casseroles, Fresh Steamed and Stir Fried Vegetables, Rolls, assortment of Fresh Salads and Soups, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

## Monday, February 19

**Breakfast:** Waffles and Pancakes with assortment of fruits topping, Tofu scramble, Scrambled eggs, Bacon, Veggie Sausage, Organic Vanilla Yoghurt, Fruit and Granola Parfait, Fresh Fruit Salads, Breads, Pastries, Hot and Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk, Apple and Orange Juice

**Lunch:** Make your own Wrap with Chicken Salad, Tuna Salad, Egg Salad or Tofu with Lettuce, Tomato, Onion and Condiments, assortment of Fresh Salads, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

**Dinner:** On the Deck, B.B.Q Chicken and B.B.Q Tofu, Fresh Steamed and Grilled Vegetables, Baked Potato Bar, Rolls, assortment of Fresh Salads and Soups, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

## Tuesday, February 20

**Breakfast:** Smorgasbord For All with Meat and Vegetarian Options, Tofu scramble, Scrambled eggs, Bacon, Veggie Sausage, Organic Vanilla Yoghurt, Fruit and Granola Parfait, Fresh Fruit Salads, Breads, Pastries, Hot and Cold Cereal Selection, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk, Apple and Orange Juice

**Lunch:** Smorgasbord For All with Meat and Vegetarian Options, assortment of Fresh Salads, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade

**Dinner:** Smorgasbord For All with Meat and Vegetarian Options, assortment of Fresh Salads and Soups, Dessert Table, Coffee, De-Caf Coffee, Tea, Ice Tea, Milk, Soy Milk and Lemonade