

Eastern Naturist Gathering 2018—

Have a Nude Attitude Tour

Schedule of Events

Welcome to our first year at Camp Timber Trails and our 37th year of hosting the Eastern Naturist Gathering. We appreciate all of you who offer your insight and expertise in presenting a workshop (or more) at the gathering. We appreciate all of you who join us as we learn new and interesting things from each of the presenters. The variety and quality of the workshops never cease to amaze me.



Our Eastern Naturist Gathering has become an extended family reunion. We look forward to seeing each and every one of you at this event, and are pleased when some of you venture to Oshkosh and pop in for a visit throughout the year. We get more visitors every year.

We start working on the gathering each year as we are driving home, and look over the feedback forms you all fill out. We look for new ideas or ways we can rejuvenate old ones. We appreciate your input—so keep filling out those forms.

Thanks for registering early, thanks for offering workshops, and most of all, thanks for joining us here at The Eastern Naturist Gathering.

Much Love,

Nicky

Wednesday, June 27, 2018

9 am Opening Day. Good Morning Everyone! Glad to see you here at Camp Timber Trails. Check in at the registration table under the canopy, then find your room, unload all your goodies and get settled in. Today is a leisure day. Hike around the grounds, enjoy the lakefront, or simply relax and reacquaint yourselves with all your naturist family.

11 am Life is Like a Box Full of Chocolates—You Never Know What You’re Gonna Get. Think you know everything there is to know about chocolate. Join Claude and take the Chocolate Trivia Quiz. *Claude Richards. Dining Hall Lawn*

1 PM Life’s a Bowl of Candy. Let’s get to know each other, discover things that are special and unique about ourselves and also find out things that we might have in common. *Diane Barrett. Bending Tree Pavilion*

1 PM Photography 901. Combination Talk and Action among those of us with camera queries, technique concerns or share your beliefs with all the other buffs in this faster paced consociation. *Wayne Daniels and Jim Dickey. Birch Valley Pavilion*

2 PM Hugh Hefner, R.I.P. Remember in Playboy magazine when...? Please come and share how Hugh Hefner and all he created influenced your life. We look forward to hearing your stories (from both men and women). *Bryon Brandt. Bending Tree Pavilion*

2 PM Involving Families and Young Adults in Naturism. People aged 18-30 do become active naturists—a successful model for offering what young adults and families want. *Morley Schloss. Dining Hall Lawn*

WEDNESDAY, June 27, 2018

Opens at 9:00 am		Registration			
11:00 am		Life is Like a Box Full of Chocolates—You Never Know What You’re Gonna Get. (Dining Hall Lawn)			
12:00 pm – 1:00 pm		Lunch			
1:00 pm		Life’s a Bowl of Candy. (Bending Tree Pavilion)	Photography 901. (Birch Valley Pavilion)		
2:00 pm		Hugh Hefner, R.I.P. (Bending Tree Pavilion Ballroom)	Active Stretching for EveryBODY. (Barefoot (Dining Hall Lawn)	Involving Families and Young Adults in Naturism.	
3:00 pm		NAC/NEF. (Bending Tree Pavilion)			
4:00 pm		Slow Flow and Restore. (Barefoot Ballroom)	Ukulele Jam Session. (Birch Valley Pavilion)		
5:30 pm – 6:30 pm		Dinner			
7:00 pm		Cocktails, Conversations. (Dining Hall)			
7:30 pm		Square Dancing. (Dining Hall)			
8:00 pm		Night at the Movies. (TBD)			
8:30 pm		Cowgirl TV with Simply S’more. (Bending Tree Fire Pit)			
9:00 pm		Jammin’ in Your Jammies. (Dining Hall)			

2 PM Active Stretching for EveryBODY – Join me for a gentle but powerful full-body routine of Active Stretching to reduce muscle tightness and spasms, increase flexibility and range of motion, improve posture, reduce stress, enhance the immune system, improve athletic performance, reduce pain and reverse some effects of aging. Active Stretching is appropriate for all ages, body types and all fitness levels. *Barry Bailey. Barefoot Ballroom*

3 PM NAC/NEF. What would you Like Us To Be Doing For You? *Bryon Brandt, Jim Dickey, Susan Rothberg. Bending Tree Pavilion*

4 PM Slow Flow and Restore. Enjoy a 45-minutes sweet and gentle yoga practice in the warmth of the afternoon. Find flexibility and resilience then fully melt into relaxation with video guidance from some of the most recognized yoga instructors in the world. Enjoy simple postures for beginners while more experienced yogis can dig deeper. Bring a towel and mat or blanket and leave feeling recharged and blissfully relaxed! *Diane Barrett. Barefoot Ballroom*

4 PM Ukulele Jam Session. Come join us for some relaxed jamming. Bring music sheets if

you have them. *Eric and Helen Fleischer* will be playing their ukuleles and perhaps some other instruments. Any instrument or voice is welcome. *Birch Valley Pavilion*

7 PM Cocktails, and Conversations. Bring your favorite drink (and wine and cheese or Susan’s cookies, or your favorite treats to share) and your voice for a little fun and conversation. *Dining Hall*

7:30 PM Square Dancing. Fun square dance with caller. No experience necessary. *Morley Schloss. Dining Hall*

8 PM Night at the Movies. Movie and location TBD. *We will post on the White Board.*

8:30 PM Cowgirl TV with Simply S’mores. Join in for some tasty treats around the bonfire. Bring whatever S’mores fixings you enjoy. Stick around after and sing around the bonfire. Bring your instruments. *Bending Tree Bonfire Pit*

9 PM “Jammin’ in Your Jammies.” Back by popular demand! Wear your coolest PJs (no lingerie please!) or disco attire or both! *DJ Mike. Dining Hall*

Notes: _____

Thursday, June 28, 2018

7:30 am Qi Gong. Qi Gong is invisible, but you feel its existence. Qi means energy and Gong means cultivation. It beats your heart and nourishes your muscles. Join Robin and experience this ancient Chinese breathing and focused intention exercise. *Robin Stapley.*
Amphitheater

7:30 am Hiking for exercise. A half-hour to hour hike around camp to explore and light exercise. *Richard Keyes.* **Meet outside the Dining Hall**

9 am Recovery Plus. Jump start your morning with a unique and eclectic perspective on individuals or individuals with loved ones suffering in the grips of compulsion, co-dependence or addiction. Program utilizes a progressive version of 12 step recovery elements. All are welcome! *Brian Leonard and Petra Stone.* **Bending Tree Pavillion.**

THURSDAY, June 28, 2018

7:30 am		Qi Gong (Amphitheater)	Hiking. (Outside Dining Hall)	
8:00 am – 9:00 am		Breakfast		
9:00 am	Marketplace Open	Recovery Plus. (Bending Tree Pavilion)	Permaculture Class. (Dining Hall Lawn)	Morning Walk. (Meet at the TNS Flag)
10:00 am		Welcome and General Assembly. (Dining Hall Lawn)		
11:00 am		Drop in "Stitch-n-Bitch. (Dining Hall)	Before the Music Dies! — Legalization of What Would You Have Liked to Ask While They Were Still Alive to Ask? (Bending Tree Pavilion)	Marijuana. (Dining Hall)
12:00 pm – 1:00 pm		Lunch		
1:00 pm		Let's Grow Our Gatherings Together. (Dining Hall Lawn)		
2:00 pm		Self-Healing with STAR Tech. (Barefoot Ballroom)	YOU Can Make a Difference... by Being a NACAR/NEFAR. (Bending Tree Pavilion)	Absent Friends (Dining Hall Lawn)
3:00 pm		The Moth: Storytelling Hour. (Birch Valley Pavilion)	#METOO. (Bending Tree Pavilion)	
4:00 pm	Slow Flow and Restore. (Barefoot Ballroom)	Ukulele Jam Session. (Birch Valley Pavilion)	Naked Diversity. (Bending Tree Pavilion)	
5:30 pm – 6:30 pm	Dinner			
5:30 pm		Mardis Gras, Masks, Murder! Whodunit? (Dining Hall)		
7:00 pm		Sing Along with Eric and Fred. (Infirmary)		
7:30 pm		Wine Tasting/Sharing. (Dining Hall)		
8:00 pm		Night at the Movies. (TBD)		
8:30 pm		Cowgirl TV with Simply S'mores. (Bending Tree Pavilion)		
9:00 pm		Mardi Gras Dance. (Dining Hall)		

9 am Permaculture Class. Basic principles applied to my 1/2-acre. *Robin Stapley. Dining Hall Lawn*

9 am Morning Walk. We will perambulate the Camp Timber Trails grounds at a pace suiting contemplation and conversation. *John Purbrick. Meet at the TNS Flag.*

10 am Welcome and General Assembly. Meet the TNS Staff, workshop leaders, group leaders, photographers or simply step up to the mic and introduce yourself and meet new friends. *Dining Hall Lawn*

11 am Drop in “Stitch-n-Bitch.” Bring your needlework, sewing, art project or other craft ideas, or just sit in while others do their craft. Join in to kibitz about work, politics, the weather, whatever is on your mind. *Susan Rothberg. Dining Hall*

11 am Before the Music Dies! —What Would You Have Liked to Ask While They Were Still Alive to Ask? Did family history get lost? What will you ask, before it is too late? Please come and share. *Bryon Brandt and Mom (Pauline Perkins). Bending Tree Pavilion*

11 am Legalization of Marijuana. It's not just about puffing the weed, and in fact, many advocates have no interest in using any recreational drugs. This will be a moderated group discussion of the pros and cons of a former taboo that has become a popular issue. *Phil Markham*, an activist; and *Joanne Markham*, who has a degree in Criminal Justice, will be leading this discussion. *Dining Hall*

1 PM Let's Grow Our Gatherings Together. The gathering is an important part of The

Naturist Society. We look forward every year to seeing all of our members again and to making great new members. Come share your favorite parts of the gathering and bring ideas on how we grow it. *Michael Horgan, Tracy Horgan, Nicky Hoffman. Dining Hall Lawn*

2 PM Self-Healing with STAR Tech. Self-Healing with STAR Tech – In this generalized overview, you will learn how to access your body's natural ability to self-heal. Discover some basic self-healing techniques to use on tight or painful muscles before resorting to drugs, chemicals or surgery. Learn how to create a Mind-Body Connection using Active Stretching and Soft Tissue Active Recovery Technique [STAR Tech] to initiate and support your body's natural process of self-healing. *Barry Bailey. Barefoot Ballroom*

2 PM YOU Can Make a Difference...by Being a NACAR/NEFAR. Whether you realize it or not, you have something to offer. Come join us and see how naturists like you all over the country are helping protect our naturist rights—AND YOU CAN TOO! *Jim Dickey, Bryon Brandt, Susan Rothberg. Bending Tree Pavilion*

2 PM Absent Friends. Remembering members of our naturist family who have recently departed. *Ben Alexander, Susan Rothberg. Dining Hall Lawn*

3 PM The Moth: Storytelling Hour (As heard on NPR). You will tell a humorous story about yourself, your family, your circumstance, etc. The catch is that you must do it without notes and within 5-6 minutes. It can be a contest to see who tells the best story. *Mike Abramson. Birch Valley Pavilion*

3 pm #METOO. Abusers and jerks, and how I'm recovering. *Bryon Brandt and Susan Rothberg.* ***Bending Tree Pavilion***

4 pm Slow Flow and Restore. Enjoy a 45-minutes sweet and gentle yoga practice in the warmth of the afternoon. Find flexibility and resilience then fully melt into relaxation with video guidance from some of the most recognized yoga instructors in the world. Enjoy simple postures for beginners while more experienced yogis can dig deeper. Bring a towel and mat or blanket and leave feeling recharged and bliss fully relaxed! *Diane Barrett.* ***Barefoot Ballroom***

4 pm Ukulele Jam Session. Come join us for some relaxed jamming. Bring music sheets if you have them. *Eric and Helen Fleischer* will be playing their ukuleles and perhaps some other instruments. Any instrument or voice is welcome. ***Birch Valley Pavilion***

4 pm Naked Diversity. Nudist? Naturist? or None of the Above? Are you, your club, campground or group getting bogged down in divisive terms, infighting and holier than thou attitudes? Let's rediscover the heart of why we love being naked and how to take the movement into the next decade! *Brian Leonard and Petra Stone.* ***Bending Tree Pavillion***

5:30 pm Mardi Gras, Masks, Murder! Whodunit? Join us for dinner and watch the Murder Mystery Unwind. Can you guess Whodunit? ***Dining Hall***

7 pm Sing Along with Eric and Fred. Come join *Eric Fleischer and Fred Shuman* for a good old-time sing-along. We will have music projected on the screen and songbooks to use. Bring your voices and sing with us. Fred will be playing his 12-string and Eric will have his Autoharp and ukuleles and you are welcome to bring your instruments (and voices) to join in. ***Infirmery***

7:30 pm Wine Tasting/Sharing. Red wine, white wine, dry wine, fruity wine. What's your favorite? Bring a bottle to share and we'll all sample several different varieties. Maybe you'll find your new favorite wine. ***Dining Hall***

8 pm Night at the Movies. Movie and location TBD. ***We will post on the White Board.***

8:30 pm Cowgirl TV with Simply S'mores. Join in for some tasty treats around the bonfire. Bring whatever S'mores fixings you enjoy. Stick around after and sing around the bonfire. Bring your instruments. ***Bending Tree Bonfire Pit***

9 pm DJ Mike is spinning the tunes for us again tonight. Dress in your finest **Mardi Gras** attire and don't forget those beads. ***Dining Hall***

Notes: _____

Friday June 29, 2018

7:30 am Qi Gong. Qi Gong is invisible, but you feel its existence. Qi means energy and Gong means cultivation. It beats your heart and nourishes your muscles. Join Robin and experience this ancient Chinese breathing and focused intention exercise. *Robin Stapley.*
Amphitheater

7:30 am Hiking for exercise. A half-hour to hour hike around camp to explore and light exercise. *Richard Keyes.* **Meet outside the Dining Hall**

9 am Morning Walk. We will perambulate the Camp Timber Trails grounds at a pace suiting contemplation and conversation. *John Purbrick.*
Meet at the TNS Flag.

10 am Unlikely or Improbable Friendships. Are all your friends like you? With those with whom you have the greatest differences, what makes the friendship work? Does being a nudist make it easier for you to get along with others? *Bryon Brandt and Stanley Ware.* **Bending Tree Pavilion**

10 am Becoming Familiar With the Inside of Your Computer. A demonstration of how

FRIDAY, June 29, 2018

7:30 am		Qi Gong (Amphitheater)	Hiking. (Outside Dining Hall)			
8:00 am – 9:00 am		Breakfast				
9:00 am	Marketplace Open	Morning Walk. (Meet at the TNS Flag)				
10:00 am		Unlikely or Improbable Friendships. (Bending Tree Pavilion)	Becoming Familiar With the Inside of Your Computer. (Dining Hall)			
11:00 am		Star Search Rehearsal. (Dining Hall)	How and Why to Vote. (Bending Tree Pavilion)			
12:00 pm – 1:00 pm		Lunch				
1:00 pm		Women in Naturism. (Bending Tree Pavilion)	Men in Naturism. (Birch Valley Pavilion)	Celebrate Body Image. (Barefoot Ballroom)	Back to New England. (Infirmary)	
2:00 pm	Good Vibrations. (Barefoot Ballroom)	What's Going on in the Northeast? (Bending Tree Pavilion)	Hypnosis with Scott Taber. An introduction to Hypnosis. (Windy Pines Pavilion)			
3:00 pm	fullSpectrum Diverse-a-wine and cheese. (Bending Tree Pavilion)	Political Resistance. (Birch Valley Pavilion)	The Five Languages of Love. (Dining Hall Lawn)			
4:00 pm	Slow Flow and Restore. (Barefoot Ballroom)	The Lesser Known. (Bending Tree Pavilion)				
5:30 pm – 6:30 pm		Dinner				
7:00 pm		Star Search. (Dining Hall)				
8:00 pm		Night at the Movies. (TBD)				
8:30 pm		Cowgirl TV with Simply S'mores. (Bending Tree Fire Pit)				
9:00 pm		Oneg Shabbat. (Bending Tree Pavilion)		60s & 70s. (Dining Hall)		

to upgrade your computer. Main board or motherboard replacement. Memory replacement on both desktop/tower and laptop computers.

John Beierle. Dining Hall

11 am Star Search Rehearsal. Dining Hall

11 am How and Why to Vote. No, not who to vote for, but the aspects of civics that no one ever taught us in high school. We will discuss how voters can carry the most weight, how candidacy originates, why we have the most influence in the most ignored of elections and nearly none in the most popular, the purpose of political parties, the role of minor parties, the common misnomers of politics, the reason to register with a party, more. *Phil Markham*, who is a long term political activist and committee member of The Working Families Party of NY, will be leading this discussion. *Bending Tree Pavilion*

1 PM Women in Naturism. What it means to be a woman in naturism. *Tracy Horgan, Nicky Hoffman, Claude Richards. Bending Tree Pavilion*

1 PM Men in Naturism. Join the discussion. Almost all topics will be appropriate regarding naturism. *Jim Dickey. Birch Valley Pavilion*

1 PM Celebrate Body Image. We will produce a beautiful outline of body images to display for everyone to enjoy. *Diane Barrett. Barefoot Ballroom*

1 PM Back to New England. The gathering has returned to New England so we'll show a selection of pictures of a local hiking group/s travels in the region over the past few years, mostly in Vermont. *John Purbrick. Infirmary*

2 PM Good Vibrations. Explore the healing power of touch, supported by always-available

Universal Energy! Learn how to access limitless Universal Energy, and practice sharing it with another person, and with numerous others. We will focus on the 4 upper chakras, the body's Spiritual Energy Centers. Through a series of simple exercises, you will discover the remarkable power of your own touch. Touch is powerful! Touch is absolutely necessary and supports wellness. *Barry Bailey. Barefoot Ballroom*

2 PM What's Going on in the Northeast?

Opportunities and issues. Join us and bring your ideas. *Susan Rothberg. Bending Tree Pavilion*

2 PM Hypnosis with Scott Taber. An introduction to Hypnosis. *Scott Taber. Windy Pines Pavilion*

3 PM fullSpectrum Diverse-a-wine and cheese. Join this lively and interesting group and don't forget to bring something to share. *Bending Tree Pavilion*

3 PM Political Resistance. Open dialogue concerning the state of our country under Trump. *Mike Abramson. Birch Valley Pavilion*

3 PM The Five Languages of Love. Enhance your relationships by discovering your own and your partner's desired expressions of love. Experiential. *Morley Schloss. Dining Hall Lawn*

4 PM Slow Flow and Restore. Enjoy a 45-minutes sweet and gentle yoga practice in the warmth of the afternoon. Find flexibility and resilience then fully melt into relaxation with video guidance from some of the most recognized yoga instructors in the world. Enjoy simple postures for beginners while more experienced yogis can dig deeper. Bring a towel and mat or blanket and leave feeling recharged

Saturday, June 30, 2018

7:30 am Slow-Flow Yoga. Come and enjoy the delicious synthesis of movement, breath, and energy. Take time, relax, slow down our minds, experience peace, tranquility, relaxation, and emerging bliss. *Diane Barrett. Barefoot Ballroom*

7:30 am Hiking for exercise. A half-hour to hour hike around camp to explore and light exercise. *Richard Keyes. Meet outside the Dining Hall*

9 am Morning Walk. We will perambulate the Camp Timber Trails grounds at a pace suiting contemplation and conversation. *John Purbrick. Meet at the TNS Flag.*

9 am BEACHES—A Panel Discussion. Bring your questions and ideas with you to share amongst your fellow naturists. Panel includes activists at beaches countrywide. *Jim Dickey, Susan Rothberg, Morley Schloss, Ron Weimer. Dining Hall*

SATURDAY, June 30, 2018

7:30 am		Slow-Flow Yoga (Barefoot Ballroom)	Hiking. (Outside Dining Hall)			
8:00 am – 9:00 am		Breakfast				
9:00 am	Marketplace Open	BEACHES—A Panel Discussion. (Dining Hall)	Morning Walk. (Meet at the TNS Flag)			
10:00 am		Value in Relationship Game. (Birch Valley Pavilion)	TNS Book Discussion Group. (Bending Tree Pavilion)			
11:00 am		Drop in "Stitch-n-Bitch." (Dining Hall)	Writing for <i>N</i> Magazine. (Bending Tree Pavilion)			
12:00 pm – 1:00 pm		Lunch				
1:00 pm		TNS Lifetime Membership SIG Meet & Greet. (Dining Hall Lawn)	Beach Ambassadors, Stewards, and Activists. (Bending Tree Pavilion)			
2:00 pm		The Nurtist Society Foundation Update. (Bending Tree Pavilion)	Active Stretching for EveryBODY. (Barefoot Ballroom)			
3:00 pm		Eastern Nurtist Beer Summit V (Bending Tree Pavilion)	NBC's Meet and Greet. (Dining Hall)			
4:00 pm		What is ZB. (Barefoot Ballroom)	Where to Draw the Line (on Sexual Harassment)? (Bending Tree Pavilion)			
5:30 pm – 6:30 pm		Dinner				
7:00 pm		Body Painting. (Dining Hall Lawn)				
8:00 pm		Havdalah. (Bending Tree Pavilion)	Night at the Movies. (TBD)			
8:30 pm		Cowgirl TV with Simply S'mores. (Bending Tree Bonfire Pit)				
9:00 pm		Nurtist Slide Show. (Dining Hall)	Glow in the Dark. (Dining Hall)			

10 am Choices: Value in Relationship Game.

Discover/clarify what values are important to you in establishing or enhancing a relationship. *Morley Schloss. Birch Valley Pavilion*

10 am TNS Book Discussion Group. *The All-Girl Filling Station's Last Reunion.* Join us in a discussion of this fabulous, fun-filled book, spanning decades and generations, and centered on a little-known aspect of America's twentieth-century story. Another irresistible novel by the remarkable *Fannie Flagg. Bending Tree Pavilion*

11 am Drop in "Stitch-n-Bitch." Bring your needlework, sewing, art project or other craft ideas, or just sit in while others do their craft. Join in to kibbutz about work, politics, the weather, whatever is on your mind. *Susan Rothberg. Dining Hall*

11 am Writing for N Magazine. Want to see your name in print or your photo on the cover of *N*? Come to this informative workshop and discover how you can make it happen. *Nicky Hoffman. Bending Tree Pavilion*

1 pm TNS Lifetime Membership SIG Meet & Greet. Lifetime members and those who have been thinking about becoming a lifetime member should join in this lively discussion. *Tracy and Michael Horgan, Jim Dickey and Claude Richards. Dining Hall Lawn*

1 pm Beach Ambassadors, Stewards, and Activists. How everyone can take a very important role in making our beaches comfortable, fun places. More importantly, how every naturist can protect our beaches from laws and other situations that have prohibited nude recreation and having fun while doing so. *Phil Markham, who coordinated naturists in*

The Battle For The Ledges, will be leading this discussion. *Bending Tree Pavilion*

2 pm The Naturist Society Foundation Update. This past year has been a busy one and we've accomplished a lot. Join us to hear the exciting plans we have in store for the year ahead. *Tracy Horgan, Mike Abramson, Nicky Hoffman. Bending Tree Pavillion*

2 pm Active Stretching for EveryBODY. Join me for a gentle but powerful full-body routine of Active Stretching to reduce muscle tightness and spasms, increase flexibility and range of motion, improve posture, reduce stress, enhance the immune system, improve athletic performance, reduce pain and reverse some effects of aging. Active Stretching is appropriate for all ages, body types and all fitness levels. *Barry Bailey. Barefoot Ballroom*

3 pm NBC's Meet and Greet. A time for Naturist Breast Cancer survivors (or friends and relatives) to connect and share. *Claude Richards. Dining Hall*

3 pm Eastern Naturist Beer Summit V. Let's do a sampling of local brews again this year. Bring a sampling of what your area has to offer. Plastic cups and some salty snacks will be provided. *Christopher Dyer. Bending Tree Pavilion*

4 pm What is ZB. Zero Balance demonstration and very relaxing body work. *Robin Stapley. Barefoot Ballroom*

4 pm Where to Draw the Line (on Sexual Harassment)? If there's a Spectrum of Misconduct, is there a Spectrum of Consent too? (ala Matt Damon). And as nudists are we comfortable with what would be harassment

to many others? Please join us to share your thoughts. *Diane Barrett, Bryon Brandt. **Bending Tree Pavilion***

7 PM Body Painting. *Sandy and Scott Taber and Rich Keyes* have volunteered to paint you up for the dance tonight. If you're artistic you can even help with the process. ***Dining Hall Lawn***

8 PM Havdalah. Help us celebrate the close of the Jewish Sabbath. There will be wine, challah, leftover desserts and did I mention wine? *Susan Rothberg. **Bending Tree Pavilion***

8 PM Night at the Movies. Movie and location TBD. ***We will post on the White Board.***

8:30 PM Cowgirl TV with Simply S'mores. Join in for some tasty treats around the bonfire. Bring whatever S'mores fixings you enjoy. Stick around after and sing around the bonfire. Bring your instruments. ***Bending Tree Bonfire Pit***

9 PM Naturist Slide Show. View images from previous gatherings and other events. *Eric Fleischer. **Dining Hall***

9 PM "Glow-in-the dark dance party." Body paint with Sandy, Scott & Rich and be ready to shine as *DJ Mike* spins our tunes for us. ***Dining Hall***

Sunday, July 1, 2018

7:30 am Qi Gong Qi Gong is invisible, but you feel its existence. Qi means energy and Gong means cultivation. It beats your heart and nourishes your muscles. Join Robin and experience this ancient Chinese breathing and focused intention exercise. *Robin Stapley, **Amphitheater***

9:30 am Friendship Closing Circle Wrapping things up, saying our goodbyes. ***Dining Hall Lawn***

10:30 am Checkout Time. Plan to depart Camp Timber Trails by 11 am. Please make sure your trash is out and your area is neat and tidy. We appreciate your cooperation. Thank YOU very much for coming, See you next year!

After-Gathering Event—for those who still have energy. A visit to a couple of swimming holes with a hike down into a deep valley, and then back up again. Meet on the ***Dining Hall Lawn*** after the closing circle.

SUNDAY, July 1, 2018

9:00 am – 10:30 am		Final Day of Gathering	
7:30 am		Qi Gong (Amphitheater)	
9:00 am – 10:00 am		Brunch	
9:30 am		Friendship Closing Circle (Dining Hall Lawn)	
10:30 am		Checkout Time	After-Gathering Event. (Dining Hall Lawn)

Thank YOU for joining us for the 2018 Eastern Naturist Gathering!

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Camp Timber Trails
1266 East Otis Rd
Tolland, MA

